



**HTA-CA**

**Conference Chairs:**  
**Lori Stotko, OTR/L, CHT**  
**Nisha Patel-Venketsamy, OTR/L CHT**

**10TH ANNUAL HTA-CA  
CONFERENCE**

**HAND THERAPY ASSOCIATION OF  
CALIFORNIA**

**Finding the Key to Evidence Based Practice  
Earn 15.5 Contact hours**

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**Friday and Saturday  
April 3- 4, 2020  
Foster City, California**

**For Registration please visit  
[HTA-CA.org](http://HTA-CA.org)**

**10<sup>th</sup> Annual HTC-CA Conference**  
**Hand therapy Association of**  
**California**

Finding the Key to Evidence  
Based Practice

Friday and Saturday  
April 3- 4, 2020  
1221 Chess Dr.  
Foster City, California

Deadline for poster submissions: 2/15/20  
[Posters@hta-ca.org](mailto:Posters@hta-ca.org)  
Contact: Stella Wang OTR/L, CHT

**HTA-CA Board Members:**  
**President:** Lori Stotko, OTR/L,CHT  
**VP:** Nisha Patel-Venketsamy, OTR/L,CHT  
**Treasurer:** Diane Coker, PT,CHT  
**Secretary:** Michelle Fabito, PT, CHT  
**Membership:** Jeanne Harper, OTR/L,CHT  
**Education:** Karen Henehan, OTR/L,CHT  
**Website:** Minnie Mau, OTR/L,CHT

**Registration Fee**

**Early Bird registration fee:**

For Members: \$425.00

For Non Members: \$450.00

**Early Bird ends: February 15,2020**

Students: \$400.00

Senior: \$400.00

**Late registration fee:**

For Members: \$475.00

For Non Members: \$500.00

Thursday 4/2/20: Bonus Taping Lab Session **for members registered for the course** with Alison Taylor OTR/CHT  
Time: 6:30pm to 8:00 pm. Registration starts at 5:30  
Fee:\$30.00 (limited seating)

To enjoy member rates for the conference, you must be a member of the HTC-CA association for 2020. Sign up by March15, 2020

**Member benefits include:**

- **Attend monthly meetings and collect free Contact Hours**
- **Apply for a fellowship grant**
- **Network with therapists and physicians**
- **Attend continuing education courses at a discounted rate**

## Friday

Time	Program
7:00	Registration Open
7:50	Evidence Based Practice- Lori Stotko HTA-CA President
8:00	Joy MacDermid PT, PHD - Keynote on Evidence-Based Practice
8:45	Dr. Rudolf Buntic – Bunke Medical Clinic –Decisions on the Refractory Traumatic Hand/ Stiff Hand
9:30	Dr. William Slikker –Kaiser Permanente - WALANT Case Studies
10:15	Vendors/ Posters
10:45	Dr. Immerman- UCSF- To Cut or Not to Cut Current Evidence on Treatment for Lateral and Medial Epicondylitis
11:30	Dr. Brice Blatz – PRISM- Recent Advancements in Non-operative Orthopedics for Lateral Epicondylopathy
12:15	Q&A Panel Session
12:45	Lunch
1:45	Alison Taylor OTR/CHT- Lateral Epicondylitis Treatment Strategies
2:30	Dr. Markison- UCSF – Micro-Invasive Ultrasound Guided Hand Surgery
3:15	Marsha Lawrence DPT,CHT – Conservative Management of Carpal Tunnel Syndrome: What Do We Really Know?
4:00	Q&A Panel Session
4:30	Vendors/Posters/Raffle
4:45	Wine and Cheese – Live Music/Sponsors

## Saturday

Time	Program
7:00	Registration Open
8:00	Joy MacDermid PT,PHD - How To Design An Outcome Study
8:45	Dr. Andrew Gutow- PAMF -Open Dupuytren's Release
9:30	Dr. Keith Denkler – Xiaflex Treatment for Dupuytren's
10:15	Saba Kamal OTR,L/CHT– Hands on Care Dupuytren's: To Splint or Not to Splint?
11:00	Q&A Panel Session
11:30	Vote on posters
11:45	Business Lunch/ Board Meeting/ Award Certificates/Poster Awards
1:00	Dr. Ian Bledsoe – UCSF - Evaluating Focal Dystonia/ Differential Diagnosis
1:45	Nancy Byl,-UCSF PHD, PT -Current Evidence on Focal Hand Dystonia Treatment and Outcomes
2:30	Luc Fecteau DPT,– UCSF Stephanie Greenspan DPT - Samuel Merritt- “The Show Must Go On- Managing Circus Arts Injuries”
3:15	Dr. Edward Moon – PAMF - Distal Radius Fractures
4:00	Megan Meisenheimer PT, DPT, OTR/L, CHT- PAMF Distal Radius Fracture, Early Motion Protocol
4:30	Marsha Lawrence DPT,CHT- Under Attack: Rehabilitation Following Distal Radius Fracture
5:15	Q& A Panel Session

## Course Objectives – Lecture Format

- Understand the definition of Evidence Based Practice. Why is it important?
- Participants will learn of the best available research to support effectiveness of treatment
- Explore the use of evidence and research in the education of future hand therapists to keep the field active and current.
- Compare treatment strategies between physicians and therapists to gauge success and to add to your repertoire



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