



HTA-CA

Conference Chairs:

Lori Stotko, OTR/L, CHT

Mid-Peninsula Hand Rehabilitation and
Ergonomics

Nisha Patel-Venketsamy, OTR/L CHT

Kaiser Permanente

**10TH ANNUAL HTA-CA
CONFERENCE**

**HAND THERAPY ASSOCIATION
OF CALIFORNIA**

Finding the Key to Evidence Based Practice
Earn up to 16.5 CEUS

Friday and Saturday

April 3- 4, 2020

Foster City, California

For Registration please visit
HTA-CA.org

10th Annual HTC-CA Conference
Hand therapy Association of
California

Finding the Key to Evidence
Based Practice



Friday and Saturday
April 3- 4, 2020
1221 Chess Dr.
Foster City, California

HTA-CA Board Members:

President: Lori Stotko, OTR/L,CHT
VP: Nisha Patel-Venketsamy, OTR/L,CHT
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Website: Minnie Mau, OTR/L,CHT

Registration Fee

Early Bird registration fee:

For Members: \$425.00

For Non Members: \$450.00

Early Bird ends: January 15,2020

Students: \$400.00

Senior: \$400.00

Late registration fee:

For Members: \$475.00

For Non Members: \$500.00

Thursday 4/2/20: Bonus Taping Lab Session **for members registered for the course** with Alison Taylor OTR/CHT

Time: 6:30pm to 8:00 pm. Registration starts at 5:30

Fee:\$30.00 (limited seating)

To enjoy member rates for the conference, you must be a member of the HTC-CA association for 2020. Sign up by March15, 2020

Member benefits include:

- **Attend monthly meetings and collect free CEUs**
- **Apply for a fellowship grant**
- **Network with therapists and physicians**
- **Attend continuing education courses at a discounted rate**

Friday

Time	Program
6:45	Registration Open
7:45	Evidence Based Practice- Lori Stotko HTA-CA President
7:50	Joy MacDermid PT, PHD - Keynote on evidence-based practice
8:30	Dr. Robert Buntic – Bunke Medical Clinic –Decisions on the Refractory Traumatic Hand/ Stiff Hand
9:15	Dr. William Slikker –Kaiser Permanente - WALANT Case Studies
10:00	Vendors/ Posters
10:30	Dr. Immerman- UCSF Literature review: Epicondylitis Treatment Open release vs Ultrasound guided injection
11:15	Dr. Brice Blatz – PRISM- Platelet Rich Plasma Injection- Treatment for Epicondylitis
12:00	Q&A Panel Session
12:45	Lunch
1:45	Alison Taylor OTR/CHT- Lateral Epicondylitis taping strategies
2:15	Dr. Markison- UCSF –Comparing open to endoscopic CTR- Min to Max
3:00	Marsha Lawrence DPT,CHT – CTS conservative care
3:45	Vendor / posters
4:15	Q&A Panel Session
5:30	Wine and Cheese – Vendors/ Sponsors

Saturday

Time	Program
7:00	Registration Open
8:00	Joy MacDermid PT,PHD - How to design an outcome study
8:45	Dr. Andrew Gutow- PAMF -Open Dupuytren's Release
9:30	Dr. Keith Denkler – Xiaflex treatment for Dupuytren's
10:15	Saba Kamal OTR,L/CHT– Hands on Care Dupuytren's to splint or not to splint?
11:00	Q&A Panel Session
11:30	Vote on posters
12:00	Business Lunch
1:15	Nancy, Byl, PHD, PT UCSF – Focal Dystonia Musicians/ treatment outcomes
2:00	Dr. Ian Bledsoe – UCSF - Evaluating Focal Dystonia/ Differential Diagnosis
2:45	Luc Fecteau DPT, OCS, SCS, FAAOMPT – UCSF Treating the Cirque du Soleil Athletes
3:30	Dr. Edward Moon – PAMF - Distal Radius Fractures- Early motion
4:15	Megan Meisenheimer PT, DPT, OTR/L, CHT- PAMF Distal Radius Fracture, Early motion protocol
5:00	Q&A Panel Session
5:30	Conclusion

Course Objectives – Lecture Format

- Understand the definition of Evidence Based Practice. Why is it important?
- Participants will learn of the best available research to support effectiveness of treatment
- Explore the use of evidence and research in the education of future hand therapists to keep the field active and current.
- Compare treatment strategies between physicians and therapists to gauge success and to add to your repertoire



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