

When Things Go Wrong



Therapy is an art that challenges the therapist to think and juggle the act of balancing Movement vs Stability especially when things go wrong. Therapist must apply clinical reasoning which involves the ability to offer explicit reasons that justify

clinical decisions to reverse and bring the patient up to speed on recovery. It is based on tacit understanding and habitual knowledge gained through experience. "It takes two to tango" is most appropriate in the field of hand therapy. A patient's cooperation is imperative for positive results, & this can only be achieved when a hand therapist designs specific treatment plans based on core knowledge of anatomy, pathology, biomechanics, and psychology. This knowledge gives the hand & upper extremity therapist the cutting edge to design the unique program to expedite the treatment for each patient. Clinical Reasoning is the core that allows the therapist to plan treatment where thinking guides practice. Therapists treatment approach must address the

unique complexities of each patient.



Registration Fee

- Early bird registration fee:
\$450 for members
\$525 for non members
\$500 with colleague
- Early Bird ends Feb 15th, 2019**
- Late registration fee:
\$525 for members
\$600 for non members
2 sign up and receive additional discounts **before early bird ends**
Student discounts available

To enjoy member rates for the conference, you have to be a member of the HTA-CA association for 2019.

Member Benefits Include:

- Attend monthly meetings and collect free CEU's
- Apply for Fellowship Grant: 2K
- Apply for Overseas Grant: 2K
- Network with physicians and therapists
- Attend Continuing Education Courses at a discounted rate

For online registration go to: www.HTA-Ca.org

For hotel reservations call: (408) 453-6200

Mention that you are part of HTACa Conference

HTACa BOARD MEMBERS:

- PRESIDENT: Saba Kamal, OTR, CHT
- VP: Lori Stotko, OTR, CHT
- TREASURER: Diane Coker, PT, CHT
- SECRETARY: Michelle Fabito, PT, CHT
- MEMBERSHIP: Jeanne Harper, OTR/L, CHT
- EDUCATION: Karen Henehan, OTR, CHT
- Website: Minnie Mau, OTR/L, CHT

Hand Therapy

Association of

California

Presents

**WHEN THINGS GO WRONG -
HOW TO RIGHT A WRONG**

*Learn how surgeons and
therapist correct mistakes*



FRIDAY AND SATURDAY

March 29th and 30th, 2019

San Jose Holiday Inn

1350 North 1st Street, San Jose, CA 95112

15 Contact hours

**CONFERENCE CHAIR:
Saba Kamal, OTR, CHT**



When Things Go Wrong

Surgeons: Gregory Buncke, MD, Jeffrey Yao, MD, Lisa Lattanza, MD, Roy Meals, MD, Catherine Curtin MD

Therapists: Susan Stralka, Aviva Wolff, Lisa Green, Silvio Tocco, Susan Clark, Debbie Schwartz, Alison Taylor, Aaron Sciascia, Saba Kamal

Course Objectives

- Design your own treatment algorithm based on the core understanding of tissue healing.
- Apply custom splints and design unique exercises to fit the patients needs to solve their complex problem.
- Learn how to communicate with the surgeons and patients and how to navigate the red tape in this HIPPA environment.
- Learn how to be politically correct when communicating with the patient and surgeon.
- Learn when to call it quits and refer the patient to a surgeon, or fight your case to provide conservative treatment to the patient.
- Understand what it takes to treat complex patients from a surgical and therapeutic

WHEN THINGS GO WRONG

- 7:15 **Registration/Breakfast**
- 7:50 How to right a wrong—S. Kamal, OTR, CHT
- 8:00 Re-tuning the hand, when the strings of flexor tendon play the wrong note. What can go wrong and how it can be fixed—Dr. Buncke (Buncke Clinic)
- 8:45 Unlocking the mysteries of the Wrist and Hand when things go wrong -Surgical mistakes I have seen made in my career, and how it was corrected: Surgeons perspective— Dr. Yao (Stanford)
- 9:30 Elbow the unforgiving joint and the surgical mistakes I have seen made in my career, and how it was corrected: Surgeons perspective— Dr. Lattanza (UCSF)
- 10:15 **Vendor Break / Poster Presentation**
- 10:45 When wires crisscross –Its all about nerves When things go wrong and how it can be made Right: Surgeons perspective— Dr. Curtin (Stanford)
- 11:15 Communication is key—How to be politically correct when things go wrong with referring provider and patient—A Wolff, OTR, CHT (HSS)
- 11:45 **Cases to right a wrong— Panel Discussion: Dr. Buncke, Dr. Yao, Dr. Lattanza, Dr. Curtin, Dr. Meals, A. Wolff**
- 12:15 **Lunch**
- 1:15 Injuries / Diagnosis surgeons have no business doing surgery – Best treated with conservative management—Dr. Meals (UCLA)
- 2:00 Injuries / Diagnosis therapists should refer back to surgeons or know when to call it quits – Best treated with surgical management—S. Clark, OTR, CHT (Stanford)
- 2:30 **Vendor Break / Poster Presentation**
- 3:00 Right a Wrong - Problem solve with taping and out of the box thinking—Alison Taylor, OTR, CHT (Baylor)
- 3:45 Tendon trauma gone wrong—Getting the patient back on track-splinting, modalities, exercises—A.Wolff (HSS)
- 4:30 **Brainstorming—S. Kamal, OTR, CHT Panel discussion with Dr. Meals, S.Clark, A. Wolff, A. Taylor**

5:00 Wine and Cheese

WHEN THINGS GO WRONG

- 7:30 **Registration/Breakfast**
- 8:00 Problem solving a hand gone rogue with clinical reasoning case studies— Silvio Tocco, OT (Italy)
- 8:45 Elbow—The unforgiving joint—all that can be done to make it right, therapists perspective— Manual therapy, Exercises for a stiff elbow—S. Stralka, PT, DPT, MS (PPM)
- 9:15 Crucial role custom splinting plays in elbow recovery—Examples of dynamic, static and static progressive –D. Schwartz, OTR, CHT (Orfit)
- 9:45 How to review manuscripts and assess articles Aaron Sciascia, PhD, ATC, PES
- 10:30 **Poster Presentations**
- 10:45 All the right moves to get a shoulder back on track—Lisa Green, PT, MOMT, ATC, MPT
- 11:30 Tips and Tricks from around the world to Right a Wrong: The toolbox Silvio Tocco, OT (Italy)
- 12:00 **Brain Storming with S. Kamal Panel: S. Tucco, Lisa Green, D. Schwartz, S. Stralka, Aaron Sciascia**
- 12:30 **Lunch and Business meeting**
- 1:45 The right care for the wound to keep the patient on track—Saba Kamal, OTR, CHT (HOC)
- 2:30 Pain the crux of it all— How to tame it therapeutically. Know the difference between CRPS and stiff hand: Case studies to demonstrate management—S.Stralka, PT, DPT, (PPM)
- 3:15 Splinting ideas: Tips & Tricks in a Crush injury/ Stiff hand to Right a Wrong—S. Clark & S. Kamal
- 4:00 **Case Studies, Q & A—S. Kamal, OTR, CHT with S. Stralka, S. Clark**
- 4:30 **End of session, reviews, Winner of Poster Presentation Announcement**