

## When Things Go Wrong



Therapy is an art that challenges the therapist to balance movement versus stability especially with challenging cases. Therapists must apply clinical reasoning which involves the ability to offer explicit reasons that justify

clinical decisions to adjust treatment to maximize recovery. It is based on tacit understanding and habitual knowledge gained through experience. "It takes two to tango" is most appropriate in the field of hand therapy. A patient's cooperation is imperative for positive results. This can only be achieved when a hand therapist designs specific treatment plans based on core knowledge of anatomy, pathology, biomechanics and psychology. This knowledge gives the hand & upper extremity therapist a cutting edge, tailored treatment program. Therapy treatment approaches must address the unique complexities of each patient.



## Registration Fee

- Early bird registration fee:  
\$450 for members  
\$525 for non members  
\$500 with colleague
- Early Bird ends Feb 20th, 2019**
- Late registration fee:  
\$525 for members  
\$600 for non members

2 sign up and receive additional discounts **before early bird ends**  
Student discounts available

To enjoy member rates for the conference, you have to be a member of the HTA-CA association for 2019.

### Member Benefits Include:

- Attend monthly meetings & collect free CEUs
- Apply for Fellowship Grant: 2K
- Apply for Overseas Grant: 2K
- Network with physicians and therapists
- Attend Continuing Education Courses at a discounted rate

For online registration go to: [www.HTA-Ca.org](http://www.HTA-Ca.org)

**For hotel reservations call: (408) 453-6200**

**Mention that you are part of HTA-Ca Conference**

### HTA CA BOARD MEMBERS

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Hand Therapy

Association of

California

**WHEN THINGS GO WRONG -  
HOW TO RIGHT A WRONG**

*Learn how surgeons and  
therapists correct mistakes*



**FRIDAY AND SATURDAY  
March 29th and 30th, 2019**

**San Jose Holiday Inn  
1350 North 1st Street,  
San Jose, CA 95112**

**15 Contact Hours**

**CONFERENCE CHAIR:  
Saba Kamal, OTR, CHT**



## When Things Go Wrong

**Surgeons:** Gregory Buncke, MD, Jeffrey Yao, MD, Lisa Lattanza, MD, Roy Meals, MD, Catherine Curtin MD  
**Therapists:** Susan Stralka, Aviva Wolff, Lisa Green, Silvio Tocco, Susan Clark, Debbie Schwartz, Alison Taylor, Aaron Sciascia, Saba Kamal

### Course Objectives

- Design your own treatment algorithm based on the core understanding of tissue healing.
- Apply custom splints and design unique exercises to fit the patients needs to solve their complex problem.
- Learn how to communicate with surgeons and patients and how to navigate the red tape in this HIPPA environment.
- Learn how to be politically correct when communicating with patients and surgeons.
- Learn when to call it quits and refer the patient to a surgeon, or fight your case to provide conservative treatment.
- Understand what it takes to treat complex patients from a surgical and therapeutic perspective.

## Friday

- 7:15 **Registration/Breakfast**
- 7:50 How to right a wrong—S. Kamal, OTR, CHT
- 8:00 Re-tuning the hand, when the strings of flexor tendons play the wrong note. What can go wrong and how it can be fixed—Dr. Buncke (Buncke Clinic)
- Elbow: The unforgiving joint and the surgical mistakes I have seen made in my career and how they were corrected
- 8:45 Surgeon's perspective— Dr. Lattanza (UCSF)
- 9:30 When wires crisscross: It's all about nerves—When things go wrong and how it can be made right Surgeon's perspective— Dr. Curtin (Stanford)
- 10:15 **Vendor Break / Poster Presentations**
- 10:45 Unlocking the mysteries of the wrist and hand: Surgical mistakes I have seen made in my career and how they were corrected Surgeon's perspective— Dr. Yao (Stanford)
- 11:15 Communication is key: How to be politically correct with referring providers and patients Aviva Wolff, OTR, CHT (HSS)
- 11:45 **Cases to right a wrong: Dr. Buncke, Dr. Yao, Dr. Lattanza, Dr. Curtin, Dr. Meals, A. Wolff**
- 12:15 **Lunch**
- 1:15 Injuries/Diagnoses that surgeons have no business doing surgery for: Best treated with conservative management Dr. Meals (UCLA)
- 2:00 Injuries/Diagnoses therapists should refer back to surgeons or know when to call it quits: Best treated with surgical management—Susan Clark, OTR, CHT (Stanford)
- 2:30 **Vendor Break / Poster Presentation**
- 3:00 Problem solve with taping and out of the box thinking— Alison Taylor, OTR, CHT (Baylor)
- 3:45 Tendon trauma gone wrong: Getting the patient back on track with splinting, modalities, exercises—A.Wolff (HSS)
- 4:30 **Brainstorming: Saba Kamal, OTR, CHT Panel discussion with Dr. Meals, S.Clark, A. Wolff, A. Taylor**
- 5:00 **Wine and Cheese and Jazz Session by Lori Stotko**

## Saturday

- 7:30 **Registration/Breakfast**
- 8:00 Problem solving a hand gone rogue with clinical reasoning case studies— Silvio Tocco, OT (Italy)
- 8:45 Elbow: All that can be done to make it right with manual therapy & exercises for a stiff elbow Susan Stralka, PT, DPT, MS (PPM)
- 9:15 Crucial role custom splinting plays in elbow recovery: Examples of dynamic, static and static progressive –Debbie Schwartz, OTR, CHT (Orfit)
- 9:45 How to review manuscripts and assess articles Aaron Sciascia, PhD, ATC, PES
- 10:30 **Poster Presentations**
- 10:45 All the right moves to get a shoulder back on track—Lisa Green, PT, MOMT, ATC, MPT
- 11:30 Tips and Tricks from around the world to Right a Wrong: The toolbox—Silvio Tocco, OT (Italy)
- 12:00 **Brain Storming: S. Kamal—Panel: S. Tucco, L. Green, D. Schwartz, S. Stralka, A. Sciascia**
- 12:30 **Lunch and Business meeting**
- 1:45 The right care for the wound to keep the patient on track—Saba Kamal, OTR, CHT (HOC)
- 2:30 Pain the crux of it all: How to tame it therapeutically. Know the difference between CRPS and stiff hand: Case studies Susan Stralka, PT, DPT, (PPM)
- 3:15 Splinting ideas: Tips & Tricks in a crush injury/ stiff hand to Right a Wrong Susan Clark OTR, CHT (Stanford)
- 4:00 **Case Studies, Q & A—S. Kamal, OTR, CHT with S. Stralka, S. Clark**
- 4:30 **End of Session, Reviews, Winner of Poster Presentation Announcement**