

## Reasoning Made Critical

Therapy is an art that challenges the therapist to think and juggle the act of balancing movement vs stability. Clinical reasoning involves more than the ability to offer explicit reasons that justify clinical decisions. It is also based on tacit understanding and habitual knowledge gained through experience.

“It takes two to tango” is most appropriate in the field of hand therapy. A patient’s cooperation is imperative for positive results, and this can only be achieved when a hand therapist designs specific treatment plans based on core knowledge of anatomy, pathology, biomechanics, and psychology.

This knowledge gives the hand and upper extremity therapist the capability to design a unique program for each patient instead of following rigid protocols. If a surgeon has to figure out a surgery for a major trauma patient, the therapist must be proficient in doing the same when it comes to therapy.

It is important to reiterate that clinical reasoning is not a novel concept, but core knowledge with a twist, treatment where thinking guides practice. The central theme is the ability to improvise a plan so that the therapist’s treatment approach addresses the unique complexities of a particular patient.



### Registration Fee

- Early Bird registration fee:  
\$450 for members  
\$425 with colleague  
\$525 for non members  
\$500 with colleague

2 sign up and receive additional discounts **before early bird ends**

- **Early Bird ends Jan 15th, 2018**
- Late registration fee:  
\$525 for members  
\$600 for non members

**Student Rate:** \$350 early bird fee  
\$450 late fee

Retired Therapists pay student rate

We encourage you to become a chapter member for **2018** so that you can enjoy all the benefits.

### Member Benefits Include:

- Attend monthly meetings and earn CEUs
- Apply for Fellowship Grant
- Apply for Overseas Grant
- Network with physicians and therapists
- Attend Continuing Education Courses at a discounted rate

For online registration go to:

**[www.HTA-Ca.org](http://www.HTA-Ca.org)**

**For hotel reservations call: (408) 453-6200  
and mention that you are part of HTA-Ca  
Conference**

### HTAC BOARD MEMBERS:

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## Hand Therapy

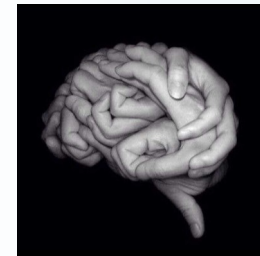
## Association of

## California

presents

## Reasoning Made Critical

*A Balancing Act of Eliminating Protocols*



FRIDAY AND SATURDAY  
**March 2nd and 3rd, 2018**

San Jose Holiday Inn  
1350 North 1st Street  
San Jose, CA 95112

**CONFERENCE CHAIR:**  
***Saba Kamal, OTR, CHT***

[www.HTA-Ca.org](http://www.HTA-Ca.org)



## Reasoning Made Critical

**Surgeons:** Robin Kamal, MD, David Nelson, MD, Raymond Raven, MD, Robert Markison, MD

**Therapists:** Ashim Bakshi, Gary Solomon, Charles Costello, Rebecca Saunders, Lori Stotko, Donna Breger Stanton, Beth Weiss, Saba Kamal

### Course Objectives:

- Design your own treatment algorithm based on the understanding of tissue healing.
- Apply physics as it relates to splinting and exercises in order to solve complex problems.
- Understand the psychological aspects of how a patient responds to their injury and how we adjust our therapy.
- Learn to embrace new concepts of treatment. Research and question everything.
- Use adjunct techniques with confidence, understand their properties and the pathology they are used for.
- Learn how athletes and musicians are similar when it comes to management of their injuries
- Understand what it takes to treat the athlete from a surgical and therapeutic perspective.

## Reasoning Made Critical

7:30	<b>Registration/Breakfast</b>
8:00	Establishing a base for Clinical reasoning and Critical thinking: Understanding healing of tissues <b>A. Bakshi, MHs, OTR, CHT</b>
9:30	Applied physics made interesting: Biomechanics and reasoning applied to treatment and exercises <b>G. Solomon, OTR, CHT</b>
10:00	Vendor Break
10:15	Applied physics made interesting: Biomechanics and reasoning applied to Splinting <b>G. Solomon, OTR, CHT</b>
10:45	Reading UE X-rays: Comparing normal with the pathology <b>D. Nelson, MD</b>
11:30	Psychological aspects of Upper Extremity Injuries: Dealing with difficult patients & how to get them to buy into the treatment program <b>R. Kamal, MD</b>
12:00	How to think critically to eliminate protocols <b>S. Kamal, OTR, CHT</b>
12:30	Brainstorming
12:45	Lunch
1:45	Athletes: How does treatment differ from the regular crowd <b>R. Raven, MD</b>
2:30	Athletes: How does treatment differ from the regular crowd - Therapeutic concepts <b>A. Bakshi, MHs, OTR, CHT</b>
3:15	Vendor Break
3:30	Splinting for Athletes: Creativity at its core <b>G. Solomon, OTR, CHT</b>
4:00	Beyond protocols: Flexor tendon. Designing our own treatments <b>R. Saunders, PT, CHT</b>
4:45	Nerves: Gliding vs. Stretching <b>A. Bakshi, MHs, OTR, CHT</b>
5:15	Brain Storming
5:40	<b>Wine, Cheese and Jazz by Stotko, Markison &amp; all</b>

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7:30	<b>Registration/Breakfast</b>
8:00	Musicians as Athletes: Assessing various musicians problems and their solutions <b>R. Markison, MD</b>
9:00	Finding solutions: Ergonomics along with exercise programs to sustain long duration playing of instrument <b>L. Stotko, OTR, CHT</b>
10:00	Vendor Break
10:15	Joint vs Soft tissue mobilization: The right mob for the right diagnosis <b>A. Bakshi, MHs, OTR, CHT</b>
12:15	Brainstorming
12:30	Lunch and Business meeting
1:30	Reasoning behind different taping techniques – Leuko vs Kinesio <b>S. Kamal, OTR, CHT</b>
2:15	Modalities: Concepts and rationale for use and the reasoning behind it <b>C. Costello, PT, CHT</b>
2:45	Clinical reasoning with management of the Stiff Hand and CRPS cases <b>R. Saunders, PT, CHT</b>
3:30	Modalities: When and Why <b>Donna Breger Stanton, Beth Weiss, Saba Kamal, Charles Costello</b> Moderated by <b>Diane Coker</b> Other Panelists: A. Bakshi, R. Saunders, G.Solomon, L. Stotko